



Sacred Heart Primary School

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GYMNASTICS PROGRAM 2016

Dear Parents,

This term, children from Kindergarten to Year 6 will be participating in a gymnastics program organised by Fitschool Australia. Gymnastics is a key strand in the K-6 PD/H/PE syllabus.

The lessons are held each Friday for nine weeks. Certified instructors who work from a program specifically designed for each age group deliver this program.

The lessons will be 40 minutes in duration.

Children will wear their sports uniform to school each Friday this term.

In Gymnastics, 'Students investigate and succeed in a wide variety of movement experiences and challenges, developing skills, demonstrating control and exploring the ways in which the body can move.' PD/Health/PE syllabus K-6.

When: FRIDAYS commencing Week 2 (5th February 2016)

Where: Lessons will take place in the school hall. The instructors will provide equipment. Teachers will assist with supervision.

Cost: \$36 per child. This cost is included in your school fee account.

Please return permission note by Wednesday 3rd February 2016.

If you have any further questions or concerns, please contact me at school.

Kind regards
Mrs Sue Yanz
Assistant Principal



GYMNASTICS PERMISSION NOTE

I give permission for my child _____ in Year _____

to participate in the Gymnastics Program organised by Fitschool Australia each

Friday in Term 1, commencing Week 2, 2016.

Signed: _____

Date _____